



## SONGS AND NURSERY RHYMES

Suits ages from birth - 60months



### ***What you'll need:***

- A variety of songs and nursery rhymes
- Props to support each nursery rhyme (for example... Miss Polly had a Dolly – use a doll, Twinkle Twinkle Little Star – a cut out star)

### ***What you do:***

1. Pick your favourite nursery rhyme or song or ask your child to choose their favourite song.
2. Teach gestures (for example Miss Polly – the arm rocking motion) or facial expressions so that everyone can join in, even if they do not have the words yet.
3. Use props to support the song – to extend this, children could point and hold up the prop at the correct points of the song.

This activity is perfect to support and develop children's vocabulary as well as rhyme and repetition. Leave gaps in the song for the children to fill in the blanks. This will help with their understanding of simple sentences. Using gesture is the first stages of a child's 'speaking', increasing their vocabulary through song will increase children's communication and language. Using number songs will help children with their early counting. Using number resources will support number recognition – such as having numbers 1-5 available for 'One, Two Three Four Five, Once I Caught a Fish Alive'. You could then increase this up to the number 10.