



HEAVY OR LIGHT

Suits ages 30 months – 60 months



What you'll need:

- Household items that can fit on one tray
- Card
- Pen
- Weighing scales

What you do:

1. Arrange items of differing weight from heavy to light on a tray.
2. Ask your child to take an item one at a time and judge whether it is light or heavy; then place the item on to or next to the corresponding card.
3. Once the tray is emptied, use weighing scales to weigh each item and note down in descending order from heaviest to lightest.

Children love floating and sinking games and this activity offers the opportunity to guess whether something is heavy or light before touching, so critical thinking skills are used to support judgements. This game expands into recording the findings and it can develop even further by using all sorts of objects and items to the same effect.